



Week 1 - Sept w/c 14/09 & Oct 05/10

	Monday	Tuesday	Wednesday	Thursday	Friday
Red Option	Pork sausages in a roll	Chicken fajita with crinkle cut wedges	Homemade Fishcake	Chicken goujons with diced potatoes	Fish finger wrap
Green Option	Cheese & onion quiche	Jacket potato with baked beans	Cheese & tomato pizza	Jacket potato with cheese	Cheese and onion puff
	Diced potatoes		Crinkle cut wedges		Chips
Available daily – vegetable sticks or vegetables of the day, fruit wedges and dessert of the day					



Week 2 - Sept w/c 21/09 & Oct 12/10

	Monday	Tuesday	Wednesday	Thursday	Friday
Red Option	Sausage roll	Jacket potato with ham & cheese	Tuna melt	Chicken grill in a bun	Battered fish with chips
Green Option	Jacket potato and beans	Vegetable goujon wrap	Cheese & tomato pizza	Vegetable sausage hot dog	Jacket potato with cheese & coleslaw
	Crinkle cut wedges	Diced potatoes	Crinkle cut wedges	Diced potatoes	
Available daily – vegetable sticks or vegetables of the day, fruit wedges and dessert of the day					



Week 3 - Sept w/c 07/09 – 28/09 & Oct 19/10



	Monday	Tuesday	Wednesday	Thursday	Friday
Red Option	Chicken goujon wrap	Pork sausages with diced potatoes	Jacket potato with tuna & sweetcorn	Lamb Kebab pitta	Fish fingers
Green Option	Vegetable swirl	Jacket potato with baked beans	Cheese & tomato pizza	Vegetarian sausage puff	Cheese, tomato & basil quesadilla
	Crinkle cut wedges		Crinkle cut wedges	Diced potatoes	Chips
Available daily – vegetable sticks or vegetables of the day, fruit wedges and dessert of the day					