

TAG, TOUCH & CONTACT RUGBY COACHING & GAMES

**£5 PER
HOUR
PER CHILD**
SCHOOL SUBSIDY MAY APPLY

DESIGNED TO DEVELOP RFU CORE VALUES
OF **SPORTSMANSHIP, TEAMWORK, RESPECT,**
DISCIPLINE AND **ENJOYMENT.**

FOR CHILDREN FROM 3-13 YEARS OF AGE



Book your space today at: www.ripparugby.co.uk



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**RIPPA
RUGBY**

Coaching creativity & confidence for all



RIPPA Rugby –

Our aim is to make this session the most rewarding and enjoyable sporting activity that your child will participate in all week.



Stuart Gallacher is an RFU Level 2 Coach and Bournemouth Community Rugby Development Manager and U9's Lead Coach (DBS Approved)

**COACHING
CONSULTANCY
AVAILABLE**

WHAT IS RIPPA RUGBY?

It's Tag/Touch/Contact (Optional for Year 4 upwards) based rugby games and play designed with the objective to develop skills such as catching, passing, invasion, evasion, spatial awareness and decision making. It develops communication skills and improves overall fitness levels.

OUR PHILOSOPHY

Is to develop the Rugby Football Union's 5 C's within a child in line with National Curriculum standards, these are as follows:–

- **Competence** and skill development
- **Confidence** to take part in sport and games
- **Connection** with other children and developing strong friendships
- **Creativity** to try something different and not be afraid to make a mistake
- **Caring** character and encouraged to support and look after each other

WHO IS IT FOR?

It is for school children (both boys and girls) aged between 3-13 years during the following periods:–

- **During and after school/nursery**
- **School holidays**
- **Rugby themed birthday parties**

HOW MUCH DOES IT COST?

£5 per child per hr session (school subsidy may apply). Visit our website for more info.

OTHER SERVICES PROVIDED

Coaching consultancy for teaching staff and developing coaches at competitive rates.

Provision of coaching services at Rugby Themed parties



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