

Rippa Rugby for Years 3-6

Free Taster Session for Girls and Boys on Monday 6th March 2017 3.20-4.20pm

Dear Parents/Carers,

My name is Stuart Gallacher and I am Community Rugby Development Manager for Bournemouth Rugby.

Bournemouth Rugby through their approved partner Rippa Rugby will be coaching at Bransgore Primary School on Mondays after school from 6th March 2017. This session will be a free taster session for your children to see if they would like to continue with this club in a paid format.

If your child is interested in signing up for the free taster session you must either complete the electronic registration form found on my website www.ripparugby.co.uk and enter Bransgore as your school option or e-mail me on stuart@ripparugby.co.uk giving me your name, name of child, address, 1st and 2nd contact numbers and notification of any medical conditions that may affect performance.

If we get sufficient numbers interested from the free taster session we will continue with the after-school coaching session on **Mondays 3.20pm – 4.20pm** in a paid format costing **£5** per child per session. More information will be provided on costs and payment details after the free taster session.

Please see the below leaflet which tells you more about Rippa Rugby.

I look forward to hearing from you soon!

Coach Stu

Bournemouth Community Rugby Development Manager and U9's Level 2 RFU Rugby Coach

Rippa Rugby Business Owner

07899 268265

www.ripparugby.co.uk

www.facebook.com/ripparugbyuk/



Coaching creativity
& confidence for all





**ADVANCED
TAG/TOUCH
RUGBY
COACHING**

**£5 PER
HOUR
PER CHILD**
SCHOOL SUBSIDY MAY APPLY



RIPPA Rugby –
Our aim is to make this session the most rewarding and enjoyable sporting activity that your child will participate in all week.

**COACHING
CONSULTANCY
AVAILABLE**

Stuart Gallacher is an RFU Level 2 Coach and Bournemouth Community Rugby Development Manager and U9's Lead Coach (DBS Approved)

DESIGNED TO DEVELOP RFU CORE VALUES OF **SPORTSMANSHIP, TEAMWORK, RESPECT, DISCIPLINE AND ENJOYMENT.**

FOR CHILDREN FROM 4-11 YEARS OF AGE



Book your space today at: www.ripparugby.co.uk

 stuart@ripparugby.co.uk
07899 268265
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WHAT IS RIPPA RUGBY?
It's Tag/Touch based rugby games and play designed with the objective to develop skills such as catching, passing, invasion, evasion, spatial awareness and decision making. It develops communication skills and improves overall fitness levels.

OUR PHILOSOPHY
Is to develop the Rugby Football Union's 5 C's within a child in line with National Curriculum standards, these are as follows:-

- **Competence** and skill development
- **Confidence** to take part in sport and games
- **Connection** with other children and developing strong friendships
- **Creativity** to try something different and not be afraid to make a mistake
- **Caring** character and encouraged to support and look after each other

WHO IS IT FOR?
It is for school children (both boys and girls) aged between 4-11 years during the following periods:-

- During and after school
- School holidays
- Rugby themed birthday parties

HOW MUCH DOES IT COST?
£5 per child per hr session (school subsidy may apply). Visit our website for more info.

OTHER SERVICES PROVIDED
Coaching consultancy for teaching staff and developing coaches at competitive rates.
Provision of coaching services at Rugby Themed parties



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