



Dear parents

The "Sport Karate" classes will be re-starting on Tuesday 8th January at Bransgore Primary school, at this time we will be welcoming new beginners from Year 2 upwards to train alongside our existing students.

The classes will be run by Collin Rudkin, 6th Dan Black Belt, and his team of qualified instructors. Collin is an ex-England Elite squad member. However, now retired from competing he successfully passes on his knowledge and has produced numerous national and international champions.

All the SEKF instructors are enhanced DBS checked and have attended child safe guarding / first aid courses and continue to update on a regular basis.

Sport Karate is an exciting and dynamic way of keeping fit, improving coordination whilst learning an effective form of Self-Defence.

In keeping with the school's Ethos, Collin Rudkin, and his team of Instructors, encourage Positive Attitude, Respect for Others, and Self-Confidence to enhance the students' character.

Time: 3.15pm – 4.30pm **At:** Sports Hall

Cost new members: £42.00 (Six weeks)

Existing members: £56.00 (Plus two Saturday courses)

Clothing: Sports-Kit / Karate suit

Please return form below with **full payment** to the **School office** in a clearly labeled envelope before the first lesson on **Tuesday 8th January** to reserve your child's place for this popular class.

(Students will be offered a refund if they do not wish to continue after the first lesson) If you have any further inquiries, please do not hesitate to contact Collin on: 07966 303 585 or at collinrudkin@gmail.com

Please reserve my child a place at the Karate Class starting on Tues 8 th January.	
Student name:	Class:
•	ellected after the karate class: home after the karate class:
I enclose payment of ₤	(cheques payable to Freestyle Combat Karate)
Parent signature:	
M. l. T. l.	E21.