



Ambulance  
Community  
Responder



**BRANSGORE COMMUNITY FIRST RESPONDERS**  
Registered Charity No. 1049778-1

Bransgore, in the New Forest, Hampshire  
England

## To those with responsibilities for children at Bransgore School

### Please take a moment to read.

Bransgore Primary School has kindly allowed us to send home this letter with the children for which we thank them and ask you just to give a moment to read it.

You may know of our group, we are local and have been operating for six years and are well known and well supported by the local community

We are seeking volunteers to help us. We know that parents and carers are busy people, even when the children are at school. But we are hoping that, even if you cannot consider our request, that you feel able to pass this letter on to other family members or friends who might be willing to help

We are urgently seeking several additional members to help us to provide "Community First Responder" cover in this area, especially during the weekdays. Community First Responders are unpaid volunteers trained and despatched by the ambulance service to attend life threatening medical emergencies and provide life support care until the arrival of the trained ambulance professionals.

No previous medical skill is necessary as the ambulance service will teach you all you need to know in one enjoyable weekend.

You must be 18 and ideally have use of a car. If suitable and when character and CRB checks are completed satisfactorily, you will receive your training and join our group. Once established and subject to a driver assessment, use of the group's response car may be possible. You will attend calls within a 5-8 minute drive of Bransgore within speed limits and without blue lights or sirens. You will be supported by the other group members until confident to work alone or in a pair. We cover Bransgore, Sopley, Holmsley and Burley routinely.

There is no upper age limit but you need to be fit enough to carry our bag of equipment, be able to climb stairs and assist a patient when required. Other than you just need common sense and a bit of care and compassion for others

**Hours** - any that you wish but we currently need help daytime weekdays. (you can work other hours as you wish). We hope you would feel able to give a minimum average of 10 hours a month – hopefully more.

Web [www.bransgorecommunityresponders.org.uk](http://www.bransgorecommunityresponders.org.uk)  
Email [mike@bransgorecommunityresponders.org.uk](mailto:mike@bransgorecommunityresponders.org.uk)

South Central Ambulance Service   
NHS Trust  
Community Responders

**Rewards** - No pay, but simply the satisfaction of knowing you have helped members of the community at a time of medical crisis.

Ours is a friendly and supportive group. We meet one evening a month for voluntary training to keep your skills up, and one meeting every 2 months to enjoy a coffee and catch up with news and service updates. You will requalify every 6 months during one of the scheduled training evenings where our ambulance service liaison and training officer will assist and assess.

You will be taught cardio pulmonary resuscitation (CPR), how to recognise and treat common conditions until the arrival of the ambulance response, which is always sent at the same time as you. You will be taught how to use a defibrillator and administer oxygen.

This is not “first aid”. This is basic life support. You are not sent to calls where you may be placed at risk, so no car collisions, no assaults, fires etc.

You will only be sent to calls where a life may be at risk, such as central chest pain, serious bleeding, breathing difficulties, household accidents, allergic reactions, falls from height and cardiac arrest etc. Your intervention and actions prior to the arrival of the ambulance can save a life and will help ensure the patient is given the best chance to make a good recovery.

Initially, if you wish we will arrange for one of our long standing responders to assist you on a call, subject to one being available, until you gain your confidence – but there is really nothing to fear.

We hope you, another family member or friend may be interested in learning more

For more information visit our website at [www.brangorecommunityresponders.org.uk](http://www.brangorecommunityresponders.org.uk) or if you want to discuss it, please leave your name and number on **01425 659899** and we will get back to you or E mail to [enquiries@brangorecommunityresponders.org.uk](mailto:enquiries@brangorecommunityresponders.org.uk)

**Help Us “*Make a Difference*” in Brangore. Thank You**

**Mike Jukes – Group Co-ordinator**

